2.1 | Atoms, Isotopes, Ions, and Molecules: The Building Blocks

By the end of this section, you will be able to do the following:

- Define matter and elements
- Describe the interrelationship between protons, neutrons, and electrons
- Compare the ways in which electrons can be donated or shared between atoms
- Explain the ways in which naturally occurring elements combine to create molecules, cells, tissues, organ systems, and organisms

At its most fundamental level, life is made up of matter. **Matter** is any substance that occupies space and has mass. **Elements** are unique forms of matter with specific chemical and physical properties that cannot break down into smaller substances by ordinary chemical reactions. There are 118 elements, but only 98 occur naturally. The remaining elements are unstable and require scientists to synthesize them in laboratories.

Each element is designated by its chemical symbol, which is a single capital letter or, when the first letter is already "taken" by another element, a combination of two letters. Some elements follow the English term for the element, such as C for carbon and Ca for calcium. Other elements' chemical symbols derive from their Latin names. For example, the symbol for sodium is Na, referring to *natrium*, the Latin word for sodium.

The four elements common to all living organisms are oxygen (O), carbon (C), hydrogen (H), and nitrogen (N). In the nonliving world, elements are found in different proportions, and some elements common to living organisms are relatively rare on the earth as a whole, as **Table 2.1** shows. For example, the atmosphere is rich in nitrogen and oxygen but contains little carbon and hydrogen, while the earth's crust, although it contains oxygen and a small amount of hydrogen, has little nitrogen and carbon. In spite of their differences in abundance, all elements and the chemical reactions between them obey the same chemical and physical laws regardless of whether they are a part of the living or nonliving world.

Approximate Percentage of Elements in Living Organisms (Humans) Compared to the Nonliving World

Element	Life (Humans)	Atmosphere	Earth's Crust
Oxygen (O)	65%	21%	46%
Carbon (C)	18%	trace	trace
Hydrogen (H)	10%	trace	0.1%
Nitrogen (N)	3%	78%	trace

Table 2.1

The Structure of the Atom

To understand how elements come together, we must first discuss the element's smallest component or building block, the atom. An **atom** is the smallest unit of matter that retains all of the element's chemical properties. For example, one gold atom has all of the properties of gold in that it is a solid metal at room temperature. A gold coin is simply a very large number of gold atoms molded into the shape of a coin and contains small amounts of other elements known as impurities. We cannot break down gold atoms into anything smaller while still retaining the properties of gold.

An atom is composed of two regions: the **nucleus**, which is in the atom's center and contains protons and neutrons. The atom's outermost region holds its electrons in orbit around the nucleus, as **Figure 2.2** illustrates. Atoms contain protons, electrons, and neutrons, among other subatomic particles. The only exception is

hydrogen (H), which is made of one proton and one electron with no neutrons.
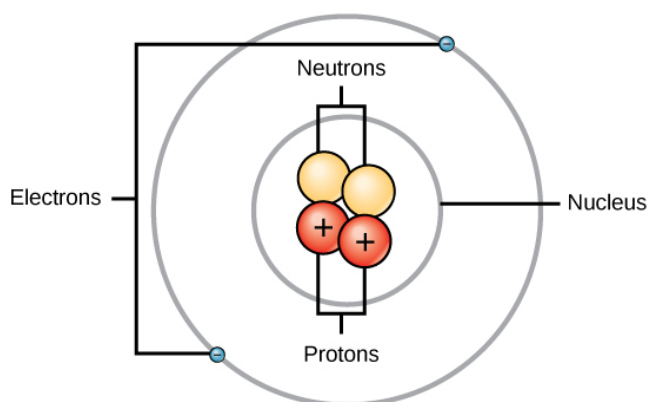

Figure 2.2 Elements, such as helium, depicted here, are made up of atoms. Atoms are made up of protons and neutrons located within the nucleus, with electrons in orbitals surrounding the nucleus.

Protons and neutrons have approximately the same mass, about 1.67×10^{-24} grams. Scientists arbitrarily define this amount of mass as one atomic mass unit (amu) or one Dalton, as **Table 2.2** shows. Although similar in mass, protons and neutrons differ in their electric charge. A **proton** is positively charged; whereas, a **neutron** is uncharged. Therefore, the number of neutrons in an atom contributes significantly to its mass, but not to its charge. **Electrons** are much smaller in mass than protons, weighing only 9.11×10^{-28} grams, or about 1/1800 of an atomic mass unit. Hence, they do not contribute much to an element's overall atomic mass. Therefore, when considering atomic mass, it is customary to ignore the mass of any electrons and calculate the atom's mass based on the number of protons and neutrons alone. Although not significant contributors to mass, electrons do contribute greatly to the atom's charge, as each electron has a negative charge equal to the proton's positive charge. In uncharged, neutral atoms, the number of electrons orbiting the nucleus is equal to the number of protons inside the nucleus. In these atoms, the positive and negative charges cancel each other out, leading to an atom with no net charge.

Accounting for the sizes of protons, neutrons, and electrons, most of the atom's volume—greater than 99 percent—is empty space. With all this empty space, one might ask why so-called solid objects do not just pass through one another. The reason they do not is that the electrons that surround all atoms are negatively charged and negative charges repel each other.
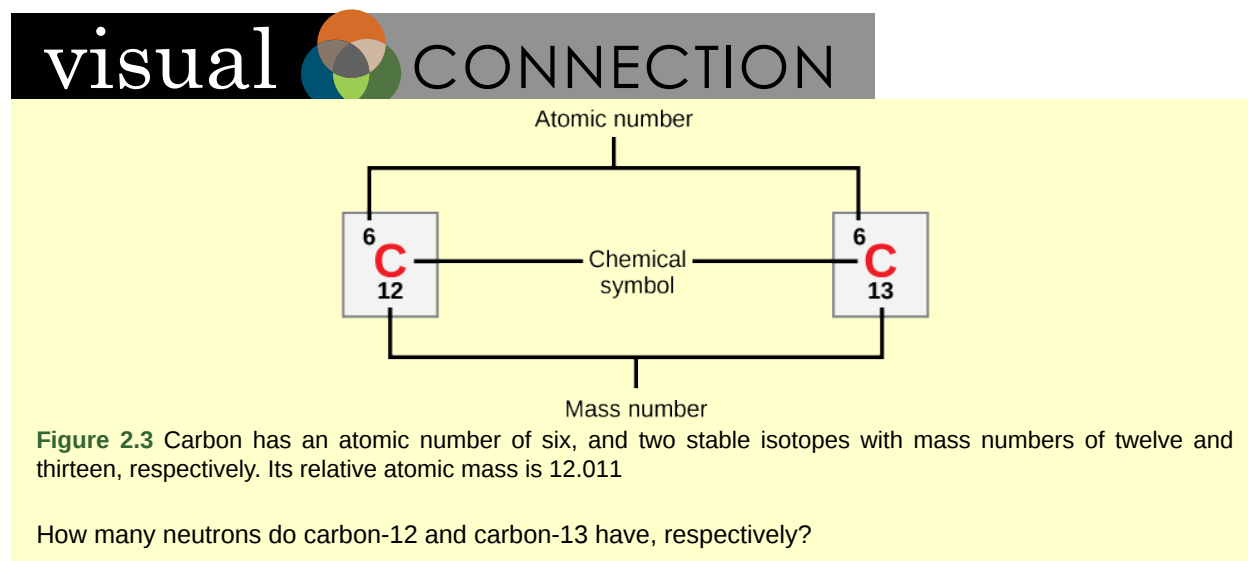
Protons, Neutrons, and Electrons

	Charge	Mass (amu)	Location
Proton	+1	1	nucleus
Neutron	0	1	nucleus
Electron	–1	0	orbitals

Table 2.2

Atomic Number and Mass

Atoms of each element contain a characteristic number of protons and electrons. The number of protons determines an element's **atomic number**, which scientists use to distinguish one element from another. The number of neutrons is variable, resulting in isotopes, which are different forms of the same atom that vary only in the number of neutrons they possess. Together, the number of protons and neutrons determine an element's **mass number**, as **Figure 2.3** illustrates. Note that we disregard the small contribution of mass from electrons in calculating the mass number. We can use this approximation of mass to easily calculate how many neutrons an element has by simply subtracting the number of protons from the mass number. Since an element's isotopes will have slightly different mass numbers, scientists also determine the **atomic mass**, which is the calculated mean of the mass number for its naturally occurring isotopes. Often, the resulting number contains a fraction.

For example, the atomic mass of chlorine (Cl) is 35.45 because chlorine is composed of several isotopes, some (the majority) with atomic mass 35 (17 protons and 18 neutrons) and some with atomic mass 37 (17 protons and 20 neutrons).

Figure 2.3 Carbon has an atomic number of six, and two stable isotopes with mass numbers of twelve and thirteen, respectively. Its relative atomic mass is 12.011

How many neutrons do carbon-12 and carbon-13 have, respectively?

Isotopes

Isotopes are different forms of an element that have the same number of protons but a different number of neutrons. Some elements—such as carbon, potassium, and uranium—have naturally occurring isotopes. Carbon-12 contains six protons, six neutrons, and six electrons; therefore, it has a mass number of 12 (six protons and six neutrons). Carbon-14 contains six protons, eight neutrons, and six electrons; its atomic mass is 14 (six protons and eight neutrons). These two alternate forms of carbon are isotopes. Some isotopes may emit neutrons, protons, and electrons, and attain a more stable atomic configuration (lower level of potential energy); these are radioactive isotopes, or **radioisotopes**. Radioactive decay (carbon-14 decaying to eventually become nitrogen-14) describes the energy loss that occurs when an unstable atom's nucleus releases radiation.

evolution CONNECTION

Carbon Dating

Carbon is normally present in the atmosphere in the form of gaseous compounds like carbon dioxide and methane. Carbon-14 (^{14}C) is a naturally occurring radioisotope that is created in the atmosphere from atmospheric ^{14}N (nitrogen) by the addition of a neutron and the loss of a proton because of cosmic rays. This is a continuous process, so more ^{14}C is always being created. As a living organism incorporates ^{14}C initially as carbon dioxide fixed in the process of photosynthesis, the relative amount of ^{14}C in its body is equal to the concentration of ^{14}C in the atmosphere. When an organism dies, it is no longer ingesting ^{14}C, so the ratio between ^{14}C and ^{12}C will decline as ^{14}C decays gradually to ^{14}N by a process called beta decay—electrons or positrons emission. This decay emits energy in a slow process.

After approximately 5,730 years, half of the starting concentration of ^{14}C will convert back to ^{14}N. We call the time it takes for half of the original concentration of an isotope to decay back to its more stable form its half-life. Because the half-life of ^{14}C is long, scientists use it to date formerly living objects such as old bones or wood. Comparing the ratio of the ^{14}C concentration in an object to the amount of ^{14}C in the atmosphere, scientists can determine the amount of the isotope that has not yet decayed. On the basis of this amount, **Figure 2.4** shows that we can calculate the age of the material, such as the pygmy mammoth, with accuracy if it is not much older than about 50,000 years. Other elements have isotopes with different half lives. For example, ^{40}K (potassium-40) has a half-life of 1.25 billion years, and ^{235}U (Uranium 235) has a half-life of about 700 million years. Through the use of radiometric dating, scientists can study the age of fossils or other remains of extinct organisms to understand how organisms have evolved from earlier species.

Figure 2.4 Scientists can determine the age of carbon-containing remains less than about 50,000 years old, such as this pygmy mammoth, using carbon dating. (credit: Bill Faulkner, NPS)

LINK TO LEARNING

To learn more about atoms, isotopes, and how to tell one isotope from another, run the simulation. **(This multimedia resource will open in a browser.) (http://cnx.org/content/m66430/1.3/#eip-id1165071748010)**

The Periodic Table

The **periodic table** organizes and displays different elements. Devised by Russian chemist Dmitri Mendeleev (1834–1907) in 1869, the table groups elements that, although unique, share certain chemical properties with other elements. The properties of elements are responsible for their physical state at room temperature: they may be gases, solids, or liquids. Elements also have specific **chemical reactivity**, the ability to combine and to chemically bond with each other.

In the periodic table in **Figure 2.5**, the elements are organized and displayed according to their atomic number and are arranged in a series of rows and columns based on shared chemical and physical properties. In addition to providing the atomic number for each element, the periodic table also displays the element's atomic mass. Looking at carbon, for example, its symbol (C) and name appear, as well as its atomic number of six (in the upper left-hand corner) and its atomic mass of 12.11.

Figure 2.5 The periodic table shows each element's atomic mass and atomic number. The atomic number appears above the symbol for the element and the approximate atomic mass appears below it.

The periodic table groups elements according to chemical properties. Scientists base the differences in chemical reactivity between the elements on the number and spatial distribution of an atom's electrons. Atoms that chemically react and bond to each other form molecules. **Molecules** are simply two or more atoms chemically bonded together. Logically, when two atoms chemically bond to form a molecule, their electrons, which form the outermost region of each atom, come together first as the atoms form a chemical bond.

Electron Shells and the Bohr Model

Note that there is a connection between the number of protons in an element, the atomic number that distinguishes one element from another, and the number of electrons it has. In all electrically neutral atoms, the number of electrons is the same as the number of protons. Thus, each element, at least when electrically neutral, has a characteristic number of electrons equal to its atomic number.

In 1913, Danish scientist Niels Bohr (1885–1962) developed an early model of the atom. The Bohr model shows the atom as a central nucleus containing protons and neutrons, with the electrons in circular **orbitals** at specific distances from the nucleus, as **Figure 2.6** illustrates. These orbits form electron shells or energy levels, which are a way of visualizing the number of electrons in the outermost shells. These energy levels are designated by

a number and the symbol "n." For example, 1n represents the first energy level located closest to the nucleus.
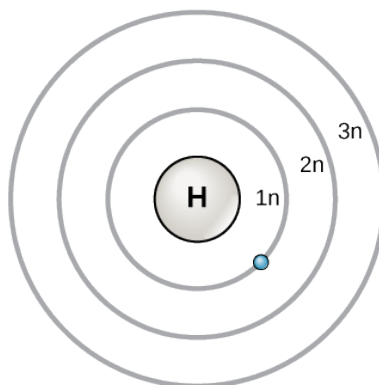

Figure 2.6 In 1913, Niels Bohrs developed the Bohr model in which electrons exist within principal shells. An electron normally exists in the lowest energy shell available, which is the one closest to the nucleus. Energy from a photon of light can bump it up to a higher energy shell, but this situation is unstable, and the electron quickly decays back to the ground state. In the process, it releases a photon of light.

Electrons fill orbitals in a consistent order: they first fill the orbitals closest to the nucleus, then they continue to fill orbitals of increasing energy further from the nucleus. If there are multiple orbitals of equal energy, they fill with one electron in each energy level before adding a second electron. The electrons of the outermost energy level determine the atom's energetic stability and its tendency to form chemical bonds with other atoms to form molecules.

Under standard conditions, atoms fill the inner shells first, often resulting in a variable number of electrons in the outermost shell. The innermost shell has a maximum of two electrons but the next two electron shells can each have a maximum of eight electrons. This is known as the **octet rule**, which states, with the exception of the innermost shell, that atoms are more stable energetically when they have eight electrons in their **valence shell**, the outermost electron shell. **Figure 2.7** shows examples of some neutral atoms and their electron configurations. Notice that in **Figure 2.7**, helium has a complete outer electron shell, with two electrons filling its first and only shell. Similarly, neon has a complete outer 2n shell containing eight electrons. In contrast, chlorine and sodium have seven and one in their outer shells, respectively, but theoretically they would be more energetically stable if they followed the octet rule and had eight.
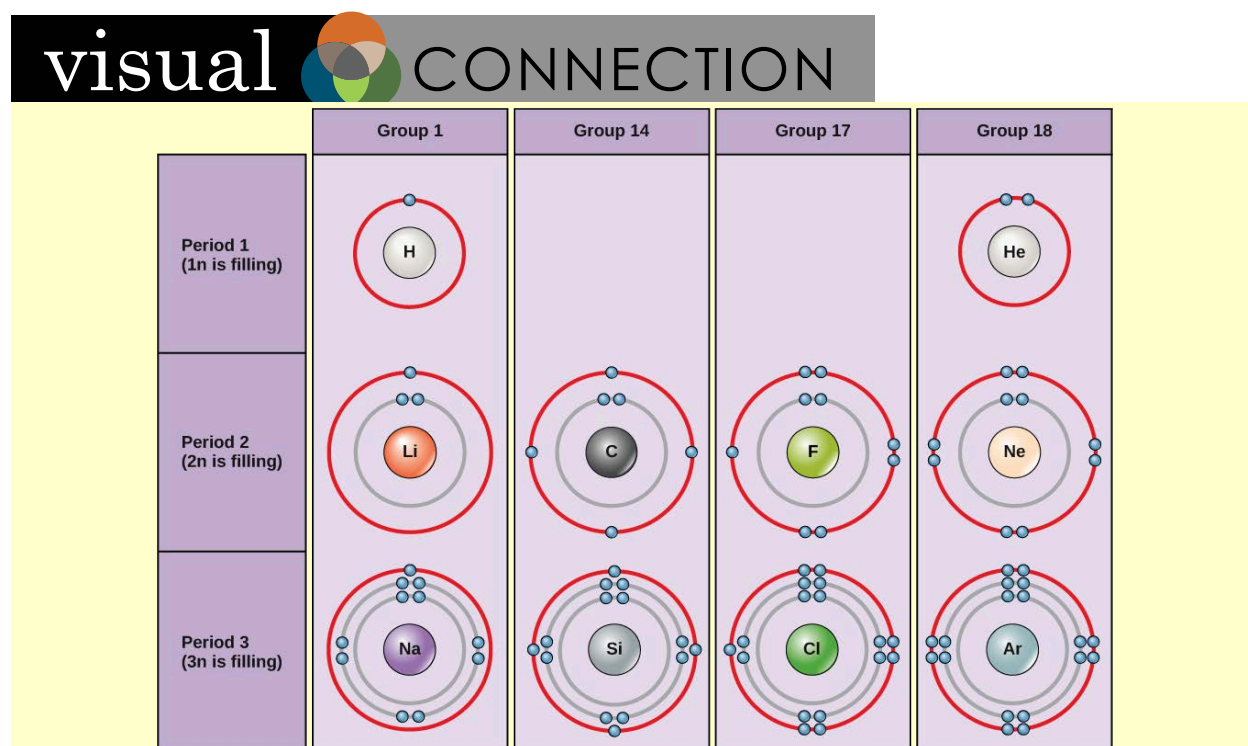
visual CONNECTION

	Group 1	Group 14	Group 17	Group 18
Period 1 (1n is filling)	H			He
Period 2 (2n is filling)	Li	C	F	Ne
Period 3 (3n is filling)	Na	Si	Cl	Ar

Figure 2.7 Bohr diagrams indicate how many electrons fill each principal shell. Group 18 elements (helium, neon, and argon) have a full outer, or valence, shell. A full valence shell is the most stable electron configuration. Elements in other groups have partially filled valence shells and gain or lose electrons to achieve a stable electron configuration.

An atom may give, take, or share electrons with another atom to achieve a full valence shell, the most stable electron configuration. Looking at this figure, how many electrons do elements in group 1 need to lose in order to achieve a stable electron configuration? How many electrons do elements in groups 14 and 17 need to gain to achieve a stable configuration?

Understanding that the periodic table's organization is based on the total number of protons (and electrons) helps us know how electrons distribute themselves among the shells. The periodic table is arranged in columns and rows based on the number of electrons and their location. Examine more closely some of the elements in the table's far right column in **Figure 2.5**. The group 18 atoms helium (He), neon (Ne), and argon (Ar) all have filled outer electron shells, making it unnecessary for them to share electrons with other atoms to attain stability. They are highly stable as single atoms. Because they are non reactive, scientists coin them **inert** (or **noble gases**). Compare this to the group 1 elements in the left-hand column. These elements, including hydrogen (H), lithium (Li), and sodium (Na), all have one electron in their outermost shells. That means that they can achieve a stable configuration and a filled outer shell by donating or sharing one electron with another atom or a molecule such as water. Hydrogen will donate or share its electron to achieve this configuration, while lithium and sodium will donate their electron to become stable. As a result of losing a negatively charged electron, they become positively charged **ions**. Group 17 elements, including fluorine and chlorine, have seven electrons in their outmost shells, so they tend to fill this shell with an electron from other atoms or molecules, making them negatively charged ions. Group 14 elements, of which carbon is the most important to living systems, have four electrons in their outer shell allowing them to make several covalent bonds (discussed below) with other atoms. Thus, the periodic table's columns represent the potential shared state of these elements' outer electron shells that is responsible for their similar chemical characteristics.

Electron Orbitals

Although useful to explain the reactivity and chemical bonding of certain elements, the Bohr model does not accurately reflect how electrons spatially distribute themselves around the nucleus. They do not circle the nucleus like the earth orbits the sun, but we find them in **electron orbitals**. These relatively complex shapes result from the fact that electrons behave not just like particles, but also like waves. Mathematical equations from

quantum mechanics, which scientists call wave functions, can predict within a certain level of probability where an electron might be at any given time. Scientists call the area where an electron is most likely to be found its orbital.

Recall that the Bohr model depicts an atom's electron shell configuration. Within each electron shell are subshells, and each subshell has a specified number of orbitals containing electrons. While it is impossible to calculate exactly an electron's location, scientists know that it is most probably located within its orbital path. The letter s, p, d, and f designate the subshells. The s subshell is spherical in shape and has one orbital. Principal shell 1n has only a single s orbital, which can hold two electrons. Principal shell 2n has one s and one p subshell, and can hold a total of eight electrons. The p subshell has three dumbbell-shaped orbitals, as **Figure 2.8** illustrates. Subshells d and f have more complex shapes and contain five and seven orbitals, respectively. We do not show these in the illustration. Principal shell 3n has s, p, and d subshells and can hold 18 electrons. Principal shell 4n has s, p, d and f orbitals and can hold 32 electrons. Moving away from the nucleus, the number of electrons and orbitals in the energy levels increases. Progressing from one atom to the next in the periodic table, we can determine the electron structure by fitting an extra electron into the next available orbital.
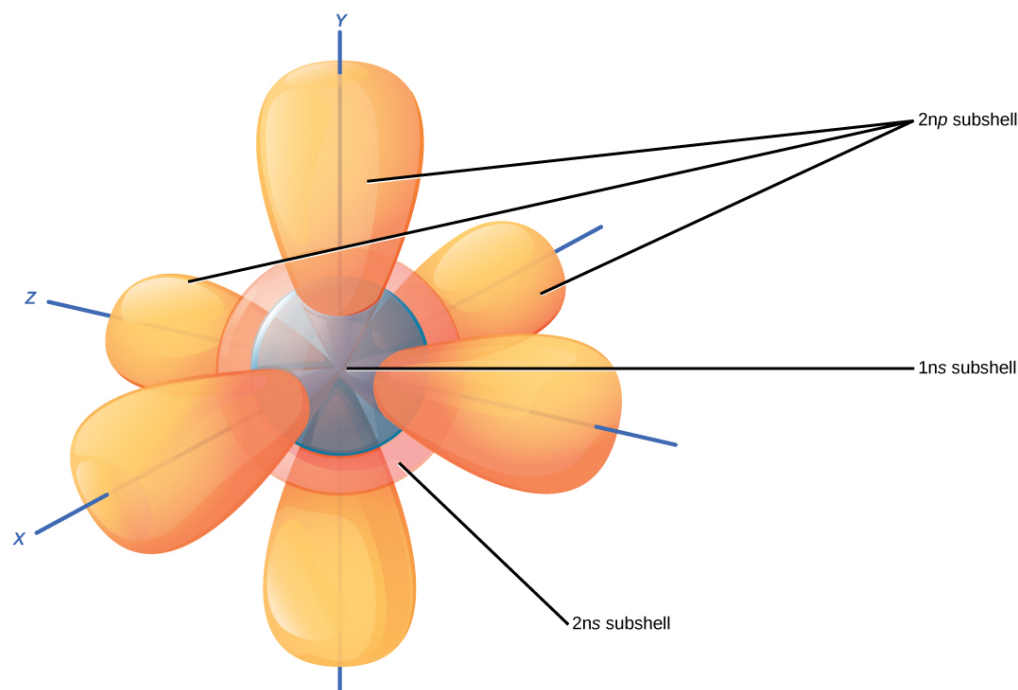

Figure 2.8 The s subshells are shaped like spheres. Both the 1n and 2n principal shells have an s orbital, but the size of the sphere is larger in the 2n orbital. Each sphere is a single orbital. Three dumbbell-shaped orbitals comprise p subshells. Principal shell 2n has a p subshell, but shell 1 does not.

The closest orbital to the nucleus, the 1s orbital, can hold up to two electrons. This orbital is equivalent to the Bohr model's innermost electron shell. Scientists call it the 1s orbital because it is spherical around the nucleus. The 1s orbital is the closest orbital to the nucleus, and it is always filled first, before any other orbital fills. Hydrogen has one electron; therefore, it occupies only one spot within the 1s orbital. We designate this as $1s^1$, where the superscripted 1 refers to the one electron within the 1s orbital. Helium has two electrons; therefore, it can completely fill the 1s orbital with its two electrons. We designate this as $1s^2$, referring to the two electrons of helium in the 1s orbital. On the periodic table **Figure 2.5**, hydrogen and helium are the only two elements in the first row (period). This is because they only have electrons in their first shell, the 1s orbital. Hydrogen and helium are the only two elements that have the 1s and no other electron orbitals in the electrically neutral state.

The second electron shell may contain eight electrons. This shell contains another spherical s orbital and three "dumbbell" shaped p orbitals, each of which can hold two electrons, as **Figure 2.8** shows. After the 1s orbital fills, the second electron shell fills, first filling its 2s orbital and then its three p orbitals. When filling the p orbitals, each takes a single electron. Once each p orbital has an electron, it may add a second. Lithium (Li) contains three electrons that occupy the first and second shells. Two electrons fill the 1s orbital, and the third electron then fills the 2s orbital. Its **electron configuration** is $1s^2 2s^1$. Neon (Ne), alternatively, has a total of ten electrons: two are in its innermost 1s orbital and eight fill its second shell (two each in the 2s and three p orbitals). Thus it is an

inert gas and energetically stable as a single atom that will rarely form a chemical bond with other atoms. Larger elements have additional orbitals, comprising the third electron shell. While the concepts of electron shells and orbitals are closely related, orbitals provide a more accurate depiction of an atom's electron configuration because the orbital model specifies the different shapes and special orientations of all the places that electrons may occupy.

LINK TO LEARNING

Watch this visual animation to see the spatial arrangement of the p and s orbitals. **(This multimedia resource will open in a browser.) (http://cnx.org/content/m66430/1.3/#eip-id5846277)**

Chemical Reactions and Molecules

All elements are most stable when their outermost shell is filled with electrons according to the octet rule. This is because it is energetically favorable for atoms to be in that configuration and it makes them stable. However, since not all elements have enough electrons to fill their outermost shells, atoms form **chemical bonds** with other atoms thereby obtaining the electrons they need to attain a stable electron configuration. When two or more atoms chemically bond with each other, the resultant chemical structure is a molecule. The familiar water molecule, H_2O, consists of two hydrogen atoms and one oxygen atom. These bond together to form water, as **Figure 2.9** illustrates. Atoms can form molecules by donating, accepting, or sharing electrons to fill their outer shells.
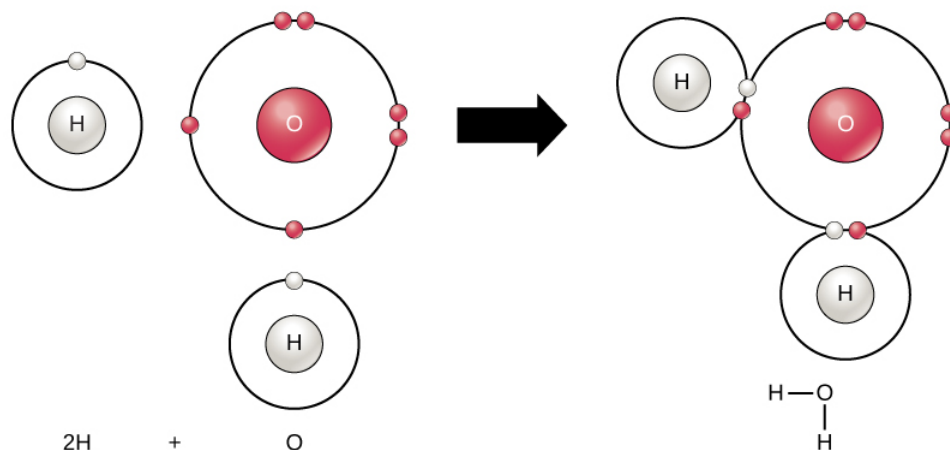

Figure 2.9 Two or more atoms may bond with each other to form a molecule. When two hydrogens and an oxygen share electrons via covalent bonds it forms a water molecule.

Chemical reactions occur when two or more atoms bond together to form molecules or when bonded atoms break apart. Scientists call the substances used in the beginning of a chemical reaction **reactants** (usually on the left side of a chemical equation), and we call the substances at the end of the reaction **products** (usually on the right side of a chemical equation). We typically draw an arrow between the reactants and products to indicate the chemical reaction's direction. This direction is not always a "one-way street." To create the water molecule above, the chemical equation would be:

$$2H + O \rightarrow H_2O$$
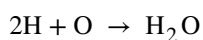
An example of a simple chemical reaction is breaking down hydrogen peroxide molecules, each of which consists of two hydrogen atoms bonded to two oxygen atoms (H_2O_2). The reactant hydrogen peroxide breaks down into water, containing one oxygen atom bound to two hydrogen atoms (H_2O), and oxygen, which consists of two bonded oxygen atoms (O_2). In the equation below, the reaction includes two hydrogen peroxide molecules and two water molecules. This is an example of a **balanced chemical equation**, wherein each element's

number of atoms is the same on each side of the equation. According to the law of conservation of matter, the number of atoms before and after a chemical reaction should be equal, such that no atoms are, under normal circumstances, created or destroyed.

$$2H_2O_2 \text{ (hydrogen peroxide) } \rightarrow 2H_2O \text{ (water) } + O_2 \text{ (oxygen)}$$
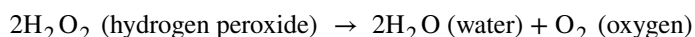
Even though all of the reactants and products of this reaction are molecules (each atom remains bonded to at least one other atom), in this reaction only hydrogen peroxide and water are representatives of **compounds**: they contain atoms of more than one type of element. Molecular oxygen, alternatively, as **Figure 2.10** shows, consists of two doubly bonded oxygen atoms and is not classified as a compound but as a hononuclear molecule.
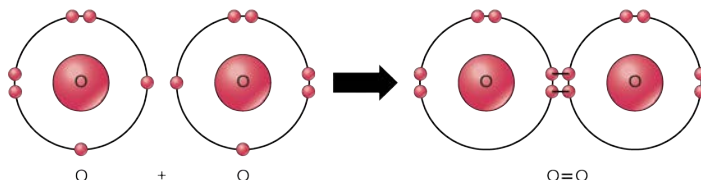

Figure 2.10 A double bond joins the oxygen atoms in an O₂ molecule.

Some chemical reactions, such as the one above, can proceed in one direction until they expend all the reactants. The equations that describe these reactions contain a unidirectional arrow and are **irreversible**. **Reversible reactions** are those that can go in either direction. In reversible reactions, reactants turn into products, but when the product's concentration goes beyond a certain threshold (characteristic of the particular reaction), some of these products convert back into reactants. At this point, product and reactant designations reverse. This back and forth continues until a certain relative balance between reactants and products occurs—a state called **equilibrium**. A chemical equation with a double headed arrow pointing towards both the reactants and products often denote these reversible reaction situations.

For example, in human blood, excess hydrogen ions (H^+) bind to bicarbonate ions (HCO_3^-) forming an equilibrium state with carbonic acid (H_2CO_3). If we added carbonic acid to this system, some of it would convert to bicarbonate and hydrogen ions.

$$HCO_3^- + H^+ \leftrightarrow H_2CO_3$$

However, biological reactions rarely obtain equilibrium because the concentrations of the reactants or products or both are constantly changing, often with one reaction's product a reactant for another. To return to the example of excess hydrogen ions in the blood, forming carbonic acid will be the reaction's major direction. However, the carbonic acid can also leave the body as carbon dioxide gas (via exhalation) instead of converting back to bicarbonate ion, thus driving the reaction to the right by the **law of mass action**. These reactions are important for maintaining homeostasis in our blood.

$$HCO_3^- + H^+ \leftrightarrow H_2CO_3 \leftrightarrow CO_2 + H_2O$$
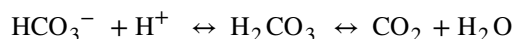
Ions and Ionic Bonds

Some atoms are more stable when they gain or lose an electron (or possibly two) and form ions. This fills their outermost electron shell and makes them energetically more stable. Because the number of electrons does not equal the number of protons, each ion has a net charge. **Cations** are positive ions that form by losing electrons. Negative ions form by gaining electrons, which we call anions. We designate **anions** by their elemental name and change the ending to "-ide", thus the anion of chlorine is chloride, and the anion of sulfur is sulfide.

Scientists refer to this movement of electrons from one element to another as **electron transfer**. As **Figure 2.11** illustrates, sodium (Na) only has one electron in its outer electron shell. It takes less energy for sodium to donate that one electron than it does to accept seven more electrons to fill the outer shell. If sodium loses an electron, it now has 11 protons, 11 neutrons, and only 10 electrons, leaving it with an overall charge of +1. We now refer to it as a sodium ion. Chlorine (Cl) in its lowest energy state (called the ground state) has seven electrons in its outer shell. Again, it is more energy-efficient for chlorine to gain one electron than to lose seven. Therefore, it tends to gain an electron to create an ion with 17 protons, 17 neutrons, and 18 electrons, giving it a net negative (–1) charge. We now refer to it as a chloride ion. In this example, sodium will donate its one electron to empty its shell, and chlorine will accept that electron to fill its shell. Both ions now satisfy the octet rule and have complete outermost shells. Because the number of electrons is no longer equal to the number of protons, each is now an

ion and has a +1 (sodium cation) or –1 (chloride anion) charge. Note that these transactions can normally only take place simultaneously: in order for a sodium atom to lose an electron, it must be in the presence of a suitable recipient like a chlorine atom.
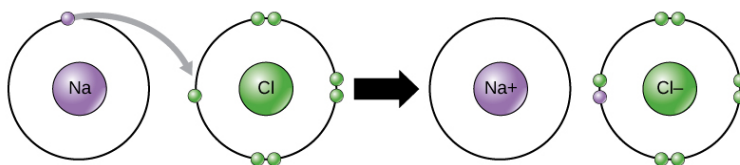
Figure 2.11 In the formation of an ionic compound, metals lose electrons and nonmetals gain electrons to achieve an octet.

Ionic bonds form between ions with opposite charges. For instance, positively charged sodium ions and negatively charged chloride ions bond together to make crystals of sodium chloride, or table salt, creating a crystalline molecule with zero net charge.

Physiologists refer to certain salts as **electrolytes** (including sodium, potassium, and calcium), ions necessary for nerve impulse conduction, muscle contractions, and water balance. Many sports drinks and dietary supplements provide these ions to replace those lost from the body via sweating during exercise.

Covalent Bonds and Other Bonds and Interactions

Another way to satisfy the octet rule by sharing electrons between atoms to form **covalent bonds**. These bonds are stronger and much more common than ionic bonds in the molecules of living organisms. We commonly find covalent bonds in carbon-based organic molecules, such as our DNA and proteins. We also find covalent bonds in inorganic molecules like H_2O, CO_2, and O_2. The bonds may share one, two, or three pairs of electrons, making single, double, and triple bonds, respectively. The more covalent bonds between two atoms, the stronger their connection. Thus, triple bonds are the strongest.

The strength of different levels of covalent bonding is one of the main reasons living organisms have a difficult time in acquiring nitrogen for use in constructing their molecules, even though molecular nitrogen, N_2, is the most abundant gas in the atmosphere. Molecular nitrogen consists of two nitrogen atoms triple bonded to each other and, as with all molecules, sharing these three pairs of electrons between the two nitrogen atoms allows for filling their outer electron shells, making the molecule more stable than the individual nitrogen atoms. This strong triple bond makes it difficult for living systems to break apart this nitrogen in order to use it as constituents of proteins and DNA.

Forming water molecules provides an example of covalent bonding. Covalent bonds bind the hydrogen and oxygen atoms that combine to form water molecules as **Figure 2.9** shows. The electron from the hydrogen splits its time between the hydrogen atoms' incomplete outer shell and the oxygen atoms' incomplete outer shell. To completely fill the oxygen's outer shell, which has six electrons but which would be more stable with eight, two electrons (one from each hydrogen atom) are needed: hence, the well-known formula H_2O. The two elements share the electrons to fill the outer shell of each, making both elements more stable.

LINK TO LEARNING

View this short video to see an animation of ionic and covalent bonding. **(This multimedia resource will open in a browser.) (http://cnx.org/content/m66430/1.3/#eip-id1166283807593)**

Polar Covalent Bonds

There are two types of covalent bonds: polar and nonpolar. In a **polar covalent bond**, **Figure 2.12** shows atoms unequally share the electrons and are attracted more to one nucleus than the other. Because of the unequal electron distribution between the atoms of different elements, a slightly positive ($\delta+$) or slightly negative ($\delta-$) charge develops. This partial charge is an important property of water and accounts for many of its characteristics.

Water is a polar molecule, with the hydrogen atoms acquiring a partial positive charge and the oxygen a partial negative charge. This occurs because the oxygen atom's nucleus is more attractive to the hydrogen atoms' electrons than the hydrogen nucleus is to the oxygen's electrons. Thus, oxygen has a higher **electronegativity** than hydrogen and the shared electrons spend more time near the oxygen nucleus than the hydrogen atoms' nucleus, giving the oxygen and hydrogen atoms slightly negative and positive charges, respectively. Another way of stating this is that the probability of finding a shared electron near an oxygen nucleus is more likely than finding it near a hydrogen nucleus. Either way, the atom's relative electronegativity contributes to developing partial charges whenever one element is significantly more electronegative than the other, and the charges that these polar bonds generate may then be used to form hydrogen bonds based on the attraction of opposite partial charges. (Hydrogen bonds, which we discuss in detail below, are weak bonds between slightly positively charged hydrogen atoms to slightly negatively charged atoms in other molecules.) Since macromolecules often have atoms within them that differ in electronegativity, polar bonds are often present in organic molecules.

Nonpolar Covalent Bonds

Nonpolar covalent bonds form between two atoms of the same element or between different elements that share electrons equally. For example, molecular oxygen (O_2) is nonpolar because the electrons distribute equally between the two oxygen atoms.

Figure 2.12 also shows another example of a nonpolar covalent bond—methane (CH_4). Carbon has four electrons in its outermost shell and needs four more to fill it. It obtains these four from four hydrogen atoms, each atom providing one, making a stable outer shell of eight electrons. Carbon and hydrogen do not have the same electronegativity but are similar; thus, nonpolar bonds form. The hydrogen atoms each need one electron for their outermost shell, which is filled when it contains two electrons. These elements share the electrons equally among the carbons and the hydrogen atoms, creating a nonpolar covalent molecule.
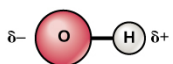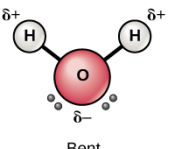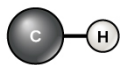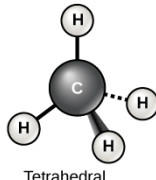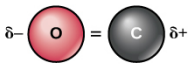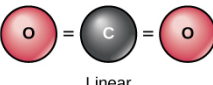

	Bond type	Molecular shape	Molecular type
Water	$\delta-$ O—H $\delta+$ Polar covalent	$\delta+$ H H $\delta+$ O $\delta-$ Bent	Polar
Methane	C—H Nonpolar covalent	H C H H H Tetrahedral	Nonpolar
Carbon dioxide	$\delta-$ O = C $\delta+$ Polar covalent	O = C = O Linear	Nonpolar

Figure 2.12 Whether a molecule is polar or nonpolar depends both on bond type and molecular shape. Both water and carbon dioxide have polar covalent bonds, but carbon dioxide is linear, so the partial charges on the molecule cancel each other out.

Hydrogen Bonds and Van Der Waals Interactions

Ionic and covalent bonds between elements require energy to break. Ionic bonds are not as strong as covalent, which determines their behavior in biological systems. However, not all bonds are ionic or covalent bonds. Weaker bonds can also form between molecules. Two weak bonds that occur frequently are hydrogen bonds and van der Waals interactions. Without these two types of bonds, life as we know it would not exist. Hydrogen bonds provide many of the critical, life-sustaining properties of water and also stabilize the structures of proteins and DNA, the building block of cells.

When polar covalent bonds containing hydrogen form, the hydrogen in that bond has a slightly positive charge because hydrogen's electron is pulled more strongly toward the other element and away from the hydrogen. Because the hydrogen is slightly positive, it will be attracted to neighboring negative charges. When this happens, a weak interaction occurs between the hydrogen's δ^+ from one molecule and another molecule's $\delta-$

charge on the more electronegative atoms, usually oxygen or nitrogen, or within the same molecule. Scientists call this interaction a **hydrogen bond**. This type of bond is common and occurs regularly between water molecules. Individual hydrogen bonds are weak and easily broken; however, they occur in very large numbers in water and in organic polymers, creating a major force in combination. Hydrogen bonds are also responsible for zipping together the DNA double helix.

Like hydrogen bonds, **van der Waals interactions** are weak attractions or interactions between molecules. Van der Waals attractions can occur between any two or more molecules and are dependent on slight fluctuations of the electron densities, which are not always symmetrical around an atom. For these attractions to happen, the molecules need to be very close to one another. These bonds—along with ionic, covalent, and hydrogen bonds—contribute to the proteins' three-dimensional structure in our cells that is necessary for their proper function.

career CONNECTION

Pharmaceutical Chemist

Pharmaceutical chemists are responsible for developing new drugs and trying to determine the mode of action of both old and new drugs. They are involved in every step of the drug development process. We can find drugs in the natural environment or we can synthesize them in the laboratory. In many cases, chemists chemically change potential drugs from nature chemically in the laboratory to make them safer and more effective, and sometimes synthetic versions of drugs substitute for the version we find in nature.

After a drug's initial discovery or synthesis, the chemist then develops the drug, perhaps chemically altering it, testing it to see if it is toxic, and then designing methods for efficient large-scale production. Then, the process of approving the drug for human use begins. In the United States, the Food and Drug Administration (FDA) handles drug approval. This involves a series of large-scale experiments using human subjects to ensure the drug is not harmful and effectively treats the condition for which it is intended. This process often takes several years and requires the participation of physicians and scientists, in addition to chemists, to complete testing and gain approval.

An example of a drug that was originally discovered in a living organism is Paclitaxel (Taxol), an anti-cancer drug used to treat breast cancer. This drug was discovered in the bark of the pacific yew tree. Another example is aspirin, originally isolated from willow tree bark. Finding drugs often means testing hundreds of samples of plants, fungi, and other forms of life to see if they contain any biologically active compounds. Sometimes, traditional medicine can give modern medicine clues as to where to find an active compound. For example, mankind has used willow bark to make medicine for thousands of years, dating back to ancient Egypt. However, it was not until the late 1800s that scientists and pharmaceutical companies purified and marketed the aspirin molecule, acetylsalicylic acid, for human use.

Occasionally, drugs developed for one use have unforeseen effects that allow usage in other, unrelated ways. For example, scientists originally developed the drug minoxidil (Rogaine) to treat high blood pressure. When tested on humans, researchers noticed that individuals taking the drug would grow new hair. Eventually the pharmaceutical company marketed the drug to men and women with baldness to restore lost hair.

A pharmaceutical chemist's career may involve detective work, experimentation, and drug development, all with the goal of making human beings healthier.

2.2 | Water

By the end of this section, you will be able to do the following:

- Describe the properties of water that are critical to maintaining life
- Explain why water is an excellent solvent
- Provide examples of water's cohesive and adhesive properties
- Discuss the role of acids, bases, and buffers in homeostasis

Why do scientists spend time looking for water on other planets? Why is water so important? It is because water is essential to life as we know it. Water is one of the more abundant molecules and the one most critical to life on Earth. Water comprises approximately 60–70 percent of the human body. Without it, life as we know it simply would not exist.

The polarity of the water molecule and its resulting hydrogen bonding make water a unique substance with special properties that are intimately tied to the processes of life. Life originally evolved in a watery environment, and most of an organism's cellular chemistry and metabolism occur inside the watery contents of the cell's cytoplasm. Special properties of water are its high heat capacity and heat of vaporization, its ability to dissolve polar molecules, its cohesive and adhesive properties, and its dissociation into ions that leads to generating pH. Understanding these characteristics of water helps to elucidate its importance in maintaining life.

Water's Polarity

One of water's important properties is that it is composed of polar molecules: the hydrogen and oxygen within water molecules (H_2O) form polar covalent bonds. While there is no net charge to a water molecule, water's polarity creates a slightly positive charge on hydrogen and a slightly negative charge on oxygen, contributing to water's properties of attraction. Water generates charges because oxygen is more electronegative than hydrogen, making it more likely that a shared electron would be near the oxygen nucleus than the hydrogen nucleus, thus generating the partial negative charge near the **oxygen**.

As a result of water's polarity, each water molecule attracts other water molecules because of the opposite charges between water molecules, forming hydrogen bonds. Water also attracts or is attracted to other polar molecules and ions. We call a polar substance that interacts readily with or dissolves in water **hydrophilic** (hydro- = "water"; -philic = "loving"). In contrast, nonpolar molecules such as oils and fats do not interact well with water, as **Figure 2.13** shows. A good example of this is vinegar and oil salad dressing (an acidic water solution). We call such nonpolar compounds **hydrophobic** (hydro- = "water"; -phobic = "fearing").

Figure 2.13 Oil and water do not mix. As this macro image of oil and water shows, oil does not dissolve in water but forms droplets instead. This is because it is a nonpolar compound. (credit: Gautam Dogra).

Water's States: Gas, Liquid, and Solid

The formation of hydrogen bonds is an important quality of the liquid water that is crucial to life as we know it. As water molecules make hydrogen bonds with each other, water takes on some unique chemical characteristics compared to other liquids and, since living things have a high water content, understanding these chemical features is key to understanding life. In liquid water, hydrogen bonds constantly form and break as the water molecules slide past each other. The water molecules' motion (kinetic energy) causes the bonds to break due to the heat contained in the system. When the heat rises as water boils, the water molecules' higher kinetic energy causes the hydrogen bonds to break completely and allows water molecules to escape into the air as gas (steam or water vapor). Alternatively, when water temperature reduces and water freezes, the water molecules form a crystalline structure maintained by hydrogen bonding (there is not enough energy to break the hydrogen bonds) that makes ice less dense than liquid water, a phenomenon that we do not see when other liquids solidify.

Water's lower density in its solid form is due to the way hydrogen bonds orient as they freeze: the water molecules push farther apart compared to liquid water. With most other liquids, solidification when the temperature drops includes lowering kinetic energy between molecules, allowing them to pack even more tightly than in liquid form and giving the solid a greater density than the liquid.

The lower density of ice, as **Figure 2.14** depicts, an anomaly causes it to float at the surface of liquid water, such as in an iceberg or ice cubes in a glass of water. In lakes and ponds, ice will form on the water's surface creating an insulating barrier that protects the animals and plant life in the pond from freezing. Without this insulating ice layer, plants and animals living in the pond would freeze in the solid block of ice and could not survive. The expansion of ice relative to liquid water causes the detrimental effect of freezing on living organisms. The ice crystals that form upon freezing rupture the delicate membranes essential for living cells to function, irreversibly damaging them. Cells can only survive freezing if another liquid like glycerol temporarily replaces the water in them.
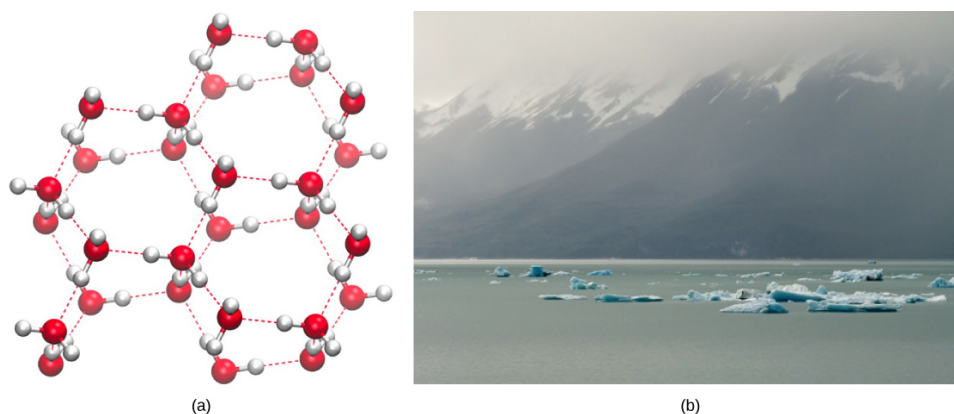
(a)   (b)

Figure 2.14 Hydrogen bonding makes ice less dense than liquid water. The (a) lattice structure of ice makes it less dense than the liquid water's freely flowing molecules, enabling it to (b) float on water. (credit a: modification of work by Jane Whitney, image created using Visual Molecular Dynamics (VMD) software[1]; credit b: modification of work by Carlos Ponte)

LINK TO LEARNING

Click **here (http://openstaxcollege.org/l/ice_lattice2)** to see a 3-D animation of an ice lattice structure. (Image credit: Jane Whitney. Image created using Visual Molecular Dynamics VMD software.[2])

Water's High Heat Capacity

Water's high heat capacity is a property that hydrogen bonding among water molecules causes. Water has the highest **specific heat capacity** of any liquids. We define specific heat as the amount of heat one gram of a substance must absorb or lose to change its temperature by one degree Celsius. For water, this amount is one **calorie**. It therefore takes water a long time to heat and a long time to cool. In fact, water's specific heat capacity is about five times more than that of sand. This explains why the land cools faster than the sea. Due to its high heat capacity, warm blooded animals use water to more evenly disperse heat in their bodies: it acts in a similar manner to a car's cooling system, transporting heat from warm places to cool places, causing the body to maintain a more even temperature.

Water's Heat of Vaporization

Water also has a high **heat of vaporization**, the amount of energy required to change one gram of a liquid substance to a gas. A considerable amount of heat energy (586 cal) is required to accomplish this change in water. This process occurs on the water's surface. As liquid water heats up, hydrogen bonding makes it difficult to separate the liquid water molecules from each other, which is required for it to enter its gaseous phase (steam). As a result, water acts as a heat sink or heat reservoir and requires much more heat to boil than does a liquid such as ethanol (grain alcohol), whose hydrogen bonding with other ethanol molecules is weaker than water's hydrogen bonding. Eventually, as water reaches its boiling point of 100° Celsius (212° Fahrenheit), the heat is able to break the hydrogen bonds between the water molecules, and the kinetic energy (motion) between the water molecules allows them to escape from the liquid as a gas. Even when below its boiling point, water's individual molecules acquire enough energy from other water molecules such that some surface water molecules can escape and vaporize: we call this process **evaporation**.

The fact that hydrogen bonds need to be broken for water to evaporate means that bonds use a substantial amount of energy in the process. As the water evaporates, energy is taken up by the process, cooling the environment where the evaporation is taking place. In many living organisms, including in humans, the

1. W. Humphrey W., A. Dalke, and K. Schulten, "VMD—Visual Molecular Dynamics," *Journal of Molecular Graphics* 14 (1996): 33-38.
2. W. Humphrey W., A. Dalke, and K. Schulten, "VMD—Visual Molecular Dynamics," *Journal of Molecular Graphics* 14 (1996): 33-38.

evaporation of sweat, which is 90 percent water, allows the organism to cool so that it can maintain homeostasis of body temperature.

Water's Solvent Properties

Since water is a polar molecule with slightly positive and slightly negative charges, ions and polar molecules can readily dissolve in it. Therefore, we refer to water as a **solvent**, a substance capable of dissolving other polar molecules and ionic compounds. The charges associated with these molecules will form hydrogen bonds with water, surrounding the particle with water molecules. We refer to this as a **sphere of hydration**, or a hydration shell, as **Figure 2.15** illustrates and serves to keep the particles separated or dispersed in the water.

When we add ionic compounds to water, the individual ions react with the water molecules' polar regions and their ionic bonds are disrupted in the process of **dissociation**. Dissociation occurs when atoms or groups of atoms break off from molecules and form ions. Consider table salt (NaCl, or sodium chloride): when we add NaCl crystals to water, the NaCl molecules dissociate into Na^+ and Cl^- ions, and spheres of hydration form around the ions, as **Figure 2.15** illustrates. The partially negative charge of the water molecule's oxygen surrounds the positively charged sodium ion. The hydrogen's partially positive charge on the water molecule surrounds the negatively charged chloride ion.
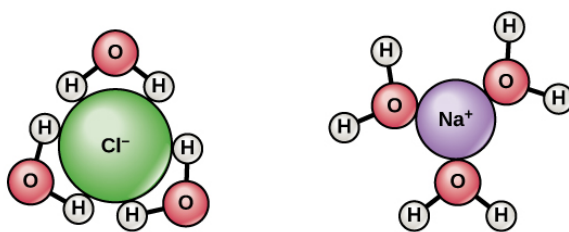

Figure 2.15 When we mix table salt (NaCl) in water, it forms spheres of hydration around the ions.

Water's Cohesive and Adhesive Properties

Have you ever filled a glass of water to the very top and then slowly added a few more drops? Before it overflows, the water forms a dome-like shape above the rim of the glass. This water can stay above the glass because of the property of **cohesion**. In cohesion, water molecules are attracted to each other (because of hydrogen bonding), keeping the molecules together at the liquid-gas (water-air) interface, although there is no more room in the glass.

Cohesion allows for **surface tension**, the capacity of a substance to withstand rupturing when placed under tension or stress. This is also why water forms droplets when on a dry surface rather than flattening by gravity. When we place a small scrap of paper onto a water droplet, the paper floats on top even though paper is denser (heavier) than the water. Cohesion and surface tension keep the water molecules' hydrogen bonds intact and support the item floating on the top. It's even possible to "float" a needle on top of a glass of water if you place it gently without breaking the surface tension, as **Figure 2.16** shows.
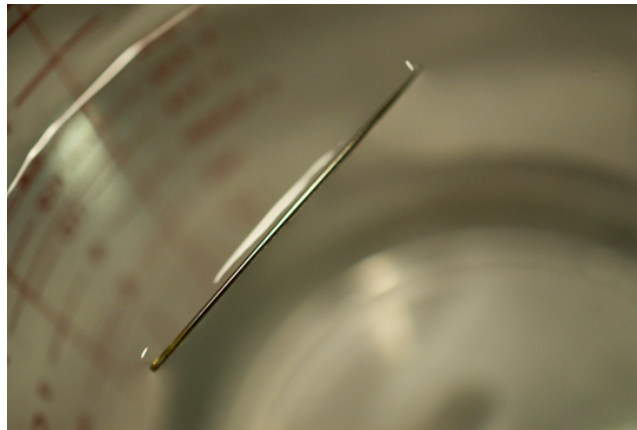
Figure 2.16 A needle's weight pulls the surface downward. At the same time, the surface tension pulls it up, suspending it on the water's surface preventing it from sinking. Notice the indentation in the water around the needle. (credit: Cory Zanker)

These cohesive forces are related to water's property of **adhesion**, or the attraction between water molecules and other molecules. This attraction is sometimes stronger than water's cohesive forces, especially when the water is exposed to charged surfaces such as those on the inside of thin glass tubes known as capillary tubes. We observe adhesion when water "climbs" up the tube placed in a glass of water: notice that the water appears to be higher on the tube's sides than in the middle. This is because the water molecules are attracted to the capillary's charged glass walls more than they are to each other and therefore adhere to it. We call this type of adhesion **capillary action**, as **Figure 2.17** illustrates.
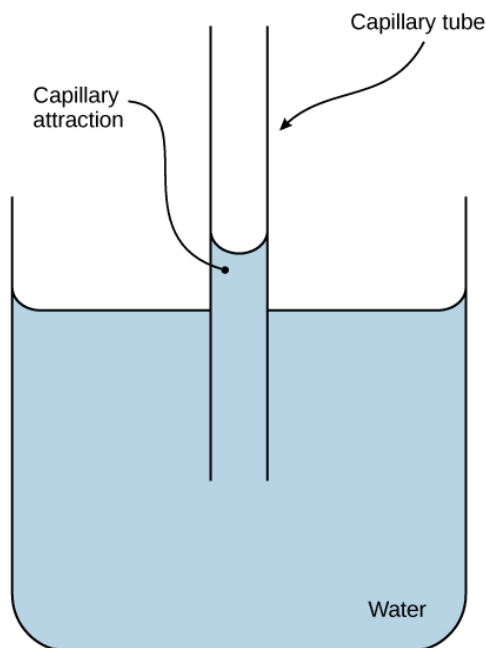

Figure 2.17 The adhesive forces exerted by the glass' internal surface exceeding the cohesive forces between the water molecules themselves causes capillary action in a glass tube. (credit: modification of work by Pearson-Scott Foresman, donated to the Wikimedia Foundation)

Why are cohesive and adhesive forces important for life? Cohesive and adhesive forces are important for transporting water from the roots to the leaves in plants. These forces create a "pull" on the water column. This pull results from the tendency of water molecules evaporating on the plant's surface to stay connected to water molecules below them, and so they are pulled along. Plants use this natural phenomenon to help transport water from their roots to their leaves. Without these properties of water, plants would be unable to receive the water and the dissolved minerals they require. In another example, insects such as the water strider, as **Figure 2.18** shows, use the water's surface tension to stay afloat on the water's surface layer and even mate there.

Figure 2.18 Water's cohesive and adhesive properties allow this water strider (*Gerris* sp.) to stay afloat. (credit: Tim Vickers)

pH, Buffers, Acids, and Bases

The pH of a solution indicates its acidity or alkalinity.

$$H_2O(I) \leftrightarrow H^+(aq) + OH^-(aq)$$
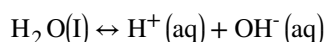
You may have used **litmus** or pH paper, filter paper treated with a natural water-soluble dye for use as a pH indicator, tests how much acid (acidity) or base (alkalinity) exists in a solution. You might have even used some to test whether the water in a swimming pool is properly treated. In both cases, the pH test measures hydrogen ions' concentration in a given solution.

Hydrogen ions spontaneously generate in pure water by the dissociation (ionization) of a small percentage of water molecules into equal numbers of hydrogen (H^+) ions and hydroxide (OH^-) ions. While the hydroxide ions are kept in solution by their hydrogen bonding with other water molecules, the hydrogen ions, consisting of naked protons, immediately attract to un-ionized water molecules, forming hydronium ions (H_3O^+). Still, by convention, scientists refer to hydrogen ions and their concentration as if they were free in this state in liquid water.

The concentration of hydrogen ions dissociating from pure water is 1×10^{-7} moles H^+ ions per liter of water. Moles (mol) are a way to express the amount of a substance (which can be atoms, molecules, ions, etc.). One mole represents the atomic weight of a substance, expressed in grams, which equals the amount of the substance containing as many units as there are atoms in 12 grams of ^{12}C. Mathematically, one mole is equal to 6.02×10^{23} particles of the substance. Therefore, 1 mole of water is equal to 6.02×10^{23} water molecules. We calculate the pH as the negative of the base 10 logarithm of this concentration. The log_{10} of 1×10^{-7} is -7.0, and the negative of this number (indicated by the "p" of "pH") yields a pH of 7.0, which is also a neutral pH. The pH inside of human cells and blood are examples of two body areas where near-neutral pH is maintained.

Non-neutral pH readings result from dissolving acids or bases in water. Using the negative logarithm to generate positive integers, high concentrations of hydrogen ions yield a low pH number; whereas, low levels of hydrogen ions result in a high pH. An **acid** is a substance that increases hydrogen ions' (H^+) concentration in a solution, usually by having one of its hydrogen atoms dissociate. A **base** provides either hydroxide ions (OH^-) or other negatively charged ions that combine with hydrogen ions, reducing their concentration in the solution and thereby raising the pH. In cases where the base releases hydroxide ions, these ions bind to free hydrogen ions, generating new water molecules.

The stronger the acid, the more readily it donates H^+. For example, hydrochloric acid (HCl) completely dissociates into hydrogen and chloride ions and is highly acidic; whereas, the acids in tomato juice or vinegar do not completely dissociate and are weak acids. Conversely, strong bases are those substances that readily donate OH^- or take up hydrogen ions. Sodium hydroxide (NaOH) and many household cleaners are highly alkaline and give up OH^- rapidly when we place them in water, thereby raising the pH. An example of a weak basic solution is seawater, which has a pH near 8.0 This is close enough to a neutral pH that marine organisms have adapted in order to live and thrive in a saline environment.

The **pH scale** is, as we previously mentioned, an inverse logarithm and ranges from 0 to 14 (**Figure 2.19**). Anything below 7.0 (ranging from 0.0 to 6.9) is acidic, and anything above 7.0 (from 7.1 to 14.0) is alkaline. Extremes in pH in either direction from 7.0 are usually inhospitable to life. The pH inside cells (6.8) and the pH in

the blood (7.4) are both very close to neutral. However, the environment in the stomach is highly acidic, with a pH of 1 to 2. As a result, how do stomach cells survive in such an acidic environment? How do they homeostatically maintain the near neutral pH inside them? The answer is that they cannot do it and are constantly dying. The stomach constantly produces new cells to replace dead ones, which stomach acids digest. Scientists estimate that the human body completely replaces the stomach lining every seven to ten days.
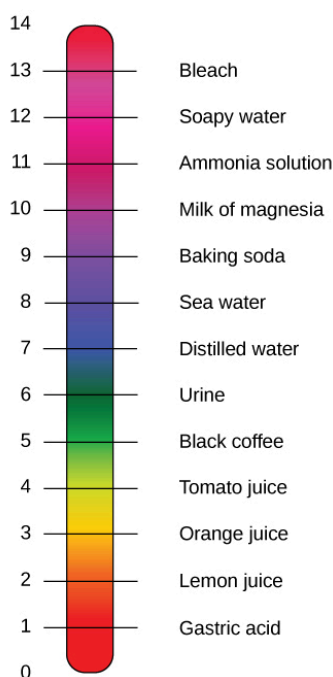

Figure 2.19 The pH scale measures hydrogen ions' (H^+) concentration in a solution. (credit: modification of work by Edward Stevens)

Watch this video for a straightforward explanation of pH and its logarithmic scale. **(This multimedia resource will open in a browser..) (http://cnx.org/content/m66434/1.3/#eip-id1170503069363)**

How can organisms whose bodies require a near-neutral pH ingest acidic and basic substances (a human drinking orange juice, for example) and survive? Buffers are the key. **Buffers** readily absorb excess H^+ or OH^-, keeping the body's pH carefully maintained in the narrow range required for survival. Maintaining a constant blood pH is critical to a person's well-being. The buffer maintaining the pH of human blood involves carbonic acid (H_2CO_3), bicarbonate ion (HCO_3^-), and carbon dioxide (CO_2). When bicarbonate ions combine with free hydrogen ions and become carbonic acid, it removes hydrogen ions and moderates pH changes. Similarly, as **Figure 2.20** shows, excess carbonic acid can convert to carbon dioxide gas which we exhale through the lungs. This prevents too many free hydrogen ions from building up in the blood and dangerously reducing the blood's pH. Likewise, if too much OH^- enters into the system, carbonic acid will combine with it to create bicarbonate, lowering the pH. Without this buffer system, the body's pH would fluctuate enough to put survival in jeopardy.
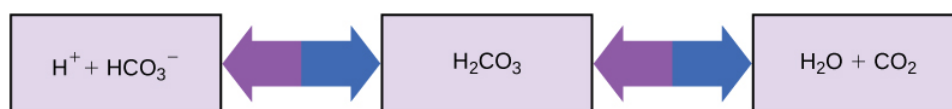
$$H^+ + HCO_3^- \quad \longleftrightarrow \quad H_2CO_3 \quad \longleftrightarrow \quad H_2O + CO_2$$

Figure 2.20 This diagram shows the body's buffering of blood pH levels. The blue arrows show the process of raising pH as more CO_2 is made. The purple arrows indicate the reverse process: the lowering of pH as more bicarbonate is created.

Other examples of buffers are antacids that some people use to combat excess stomach acid. Many of these over-the-counter medications work in the same way as blood buffers, usually with at least one ion capable of absorbing hydrogen and moderating pH, bringing relief to those who suffer "heartburn" after eating. Water's unique properties that contribute to this capacity to balance pH—as well as water's other characteristics—are essential to sustaining life on Earth.

LINK TO LEARNING

To learn more about water, visit the **U.S. Geological Survey Water Science for Schools (http://openstaxcollege.org/l/all_about_water)** All About Water! website.

2.3 | Carbon

By the end of this section, you will be able to do the following:

- Explain why carbon is important for life
- Describe the role of functional groups in biological molecules

Many complex molecules called macromolecules, such as proteins, nucleic acids (RNA and DNA), carbohydrates, and lipids comprise cells. The macromolecules are a subset of **organic molecules** (any carbon-containing liquid, solid, or gas) that are especially important for life. The fundamental component for all of these macromolecules is carbon. The carbon atom has unique properties that allow it to form covalent bonds to as many as four different atoms, making this versatile element ideal to serve as the basic structural component, or "backbone," of the macromolecules.

Individual carbon atoms have an incomplete outermost electron shell. With an atomic number of 6 (six electrons and six protons), the first two electrons fill the inner shell, leaving four in the second shell. Therefore, carbon atoms can form up to four covalent bonds with other atoms to satisfy the octet rule. The methane molecule provides an example: it has the chemical formula CH_4. Each of its four hydrogen atoms forms a single covalent bond with the carbon atom by sharing a pair of electrons. This results in a filled outermost shell.

Hydrocarbons

Hydrocarbons are organic molecules consisting entirely of carbon and hydrogen, such as methane (CH_4) described above. We often use hydrocarbons in our daily lives as fuels—like the propane in a gas grill or the butane in a lighter. The many covalent bonds between the atoms in hydrocarbons store a great amount of energy, which releases when these molecules burn (oxidize). Methane, an excellent fuel, is the simplest hydrocarbon molecule, with a central carbon atom bonded to four different hydrogen atoms, as **Figure 2.21** illustrates. The shape of its electron orbitals determines the shape of the methane molecule's geometry, where the atoms reside in three dimensions. The carbons and the four hydrogen atoms form a tetrahedron, with four triangular faces. For this reason, we describe methane as having tetrahedral geometry.
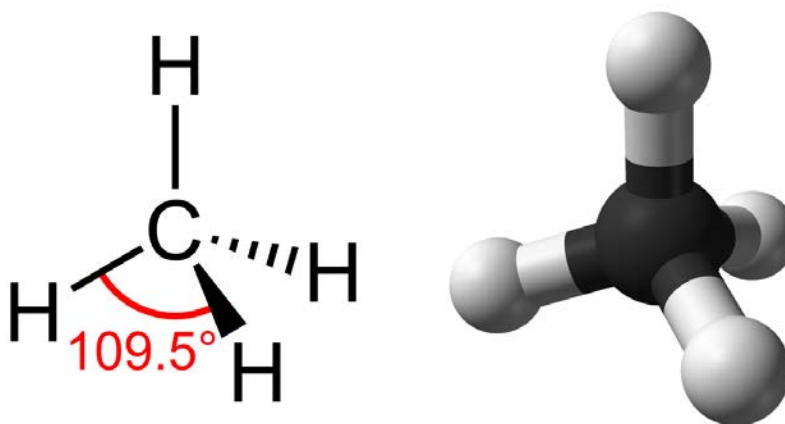
Figure 2.21 Methane has a tetrahedral geometry, with each of the four hydrogen atoms spaced 109.5° apart.

As the backbone of the large molecules of living things, hydrocarbons may exist as linear carbon chains, carbon rings, or combinations of both. Furthermore, individual carbon-to-carbon bonds may be single, double, or triple covalent bonds, and each type of bond affects the molecule's geometry in a specific way. This three-dimensional shape or conformation of the large molecules of life (macromolecules) is critical to how they function.

Hydrocarbon Chains

Successive bonds between carbon atoms form hydrocarbon chains. These may be branched or unbranched. Furthermore, a molecule's different geometries of single, double, and triple covalent bonds alter the overall molecule's geometry as **Figure 2.22** illustrates. The hydrocarbons ethane, ethene, and ethyne serve as examples of how different carbon-to-carbon bonds affect the molecule's geometry. The names of all three molecules start with the prefix "eth-," which is the prefix for two carbon hydrocarbons. The suffixes "-ane," "-ene," and "-yne" refer to the presence of single, double, or triple carbon-carbon bonds, respectively. Thus, propane, propene, and propyne follow the same pattern with three carbon molecules, butane, butene, and butyne for four carbon molecules, and so on. Double and triple bonds change the molecule's geometry: single bonds allow rotation along the bond's axis; whereas, double bonds lead to a planar configuration and triple bonds to a linear one. These geometries have a significant impact on the shape a particular molecule can assume.

Figure 2.22 When carbon forms single bonds with other atoms, the shape is tetrahedral. When two carbon atoms form a double bond, the shape is planar, or flat. Single bonds, like those in ethane, are able to rotate. Double bonds, like those in ethene cannot rotate, so the atoms on either side are locked in place.

Hydrocarbon Rings

So far, the hydrocarbons we have discussed have been **aliphatic hydrocarbons**, which consist of linear chains of carbon atoms. Another type of hydrocarbon, **aromatic hydrocarbons**, consists of closed rings of carbon atoms. We find ring structures in hydrocarbons, sometimes with the presence of double bonds, which we can see by comparing cyclohexane's structure to benzene in **Figure 2.23**. Examples of biological molecules that incorporate the benzene ring include some amino acids and cholesterol and its derivatives, including the hormones estrogen and testosterone. We also find the benzene ring in the herbicide 2,4-D. Benzene is a natural component of crude oil and has been classified as a carcinogen. Some hydrocarbons have both aliphatic and aromatic portions. Beta-carotene is an example of such a hydrocarbon.
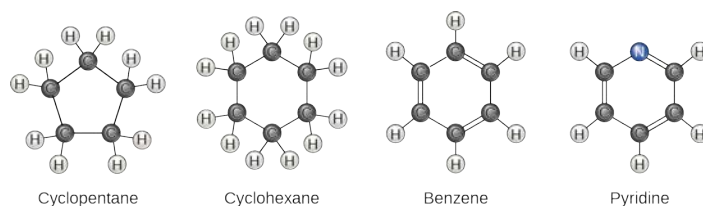
Cyclopentane   Cyclohexane   Benzene   Pyridine

Figure 2.23 Carbon can form five- and six-membered rings. Single or double bonds may connect the carbons in the ring, and nitrogen may be substituted for carbon.
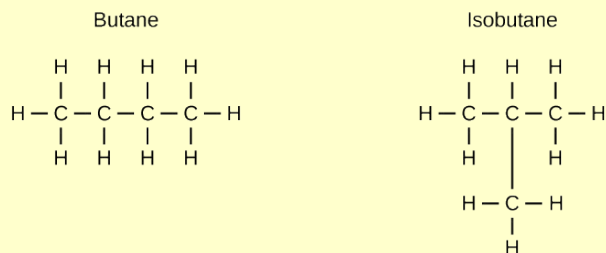
Isomers

The three-dimensional placement of atoms and chemical bonds within organic molecules is central to understanding their chemistry. We call molecules that share the same chemical formula but differ in the placement (structure) of their atoms and/or chemical bonds **isomers**. **Structural isomers** (like butane and isobutene in **Figure 2.24a**) differ in the placement of their covalent bonds: both molecules have four carbons and ten hydrogens (C_4H_{10}), but the different atom arrangement within the molecules leads to differences in their chemical properties. For example, butane is suited for use as a fuel for cigarette lighters and torches; whereas, isobutene is suited for use as a refrigerant and a propellant in spray cans.
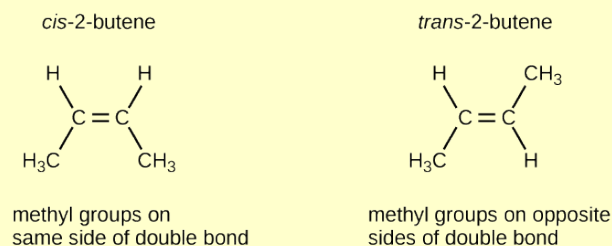
Geometric isomers, alternatively have similar placements of their covalent bonds but differ in how these bonds are made to the surrounding atoms, especially in carbon-to-carbon double bonds. In the simple molecule butene (C_4H_8), the two methyl groups (CH_3) can be on either side of the double covalent bond central to the molecule, as **Figure 2.24b** illustrates. When the carbons are bound on the same side of the double bond, this is the *cis* configuration. If they are on opposite sides of the double bond, it is a *trans* configuration. In the *trans* configuration, the carbons form a more or less linear structure; whereas, the carbons in the *cis* configuration make a bend (change in direction) of the carbon backbone.

visual CONNECTION

(a) Structural isomers

Butane

Isobutane

(b) Geometric isomers

cis-2-butene

methyl groups on
same side of double bond

trans-2-butene

methyl groups on opposite
sides of double bond

(c) Enantiomers
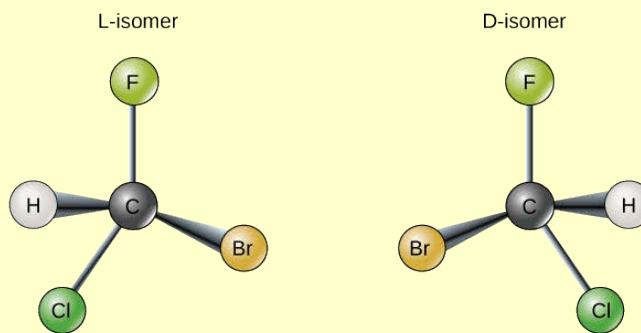
L-isomer

D-isomer

Figure 2.24 We call molecules that have the same number and type of atoms arranged differently isomers. (a) Structural isomers have a different covalent arrangement of atoms. (b) Geometric isomers have a different arrangement of atoms around a double bond. (c) Enantiomers are mirror images of each other.

Which of the following statements is false?

a. Molecules with the formulas CH_3CH_2COOH and $C_3H_6O_2$ could be structural isomers.

b. Molecules must have a double bond to be *cis-trans* isomers.

c. To be enantiomers, a molecule must have at least three different atoms or groups connected to a central carbon.

d. To be enantiomers, a molecule must have at least four different atoms or groups connected to a central carbon.

In triglycerides (fats and oils), long carbon chains known as fatty acids may contain double bonds, which can be in either the *cis* or *trans* configuration, as **Figure 2.25** illustrates. Fats with at least one double bond between carbon atoms are unsaturated fats. When some of these bonds are in the *cis* configuration, the resulting bend in the chain's carbon backbone means that triglyceride molecules cannot pack tightly, so they remain liquid (oil) at room temperature. Alternatively, triglycerides with *trans* double bonds (popularly called trans fats), have relatively

linear fatty acids that are able to pack tightly together at room temperature and form solid fats. In the human diet, trans fats are linked to an increased risk of cardiovascular disease, so many food manufacturers have reduced or eliminated their use in recent years. In contrast to unsaturated fats, we call triglycerides without double bonds between carbon atoms saturated fats, meaning that they contain all the hydrogen atoms available. Saturated fats are a solid at room temperature and usually of animal origin.
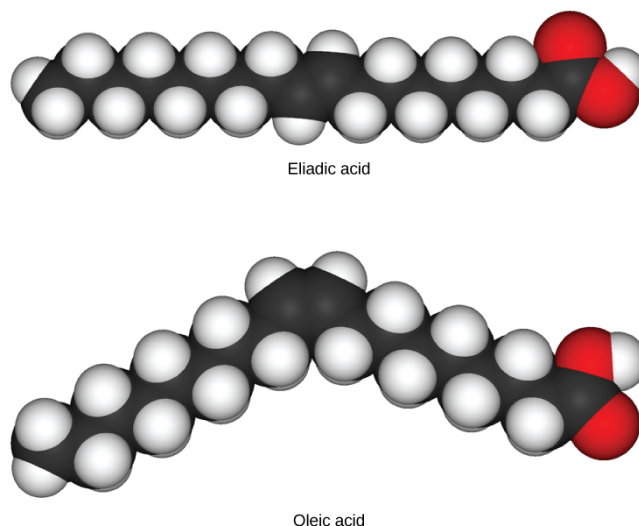

Eliadic acid

Oleic acid

Figure 2.25 These space-filling models show a *cis* (oleic acid) and a *trans* (eliadic acid) fatty acid. Notice the bend in the molecule caused by the *cis* configuration.

Enantiomers

Enantiomers are molecules that share the same chemical structure and chemical bonds but differ in the three-dimensional placement of atoms so that they are non-superimposable mirror images. **Figure 2.26** shows an amino acid alanine example, where the two structures are nonsuperimposable. In nature, only the L-forms of amino acids make proteins. Some D forms of amino acids are seen in the cell walls of bacteria, but never in their proteins. Similarly, the D-form of glucose is the main product of photosynthesis and we rarely see the molecule's L-form in nature.
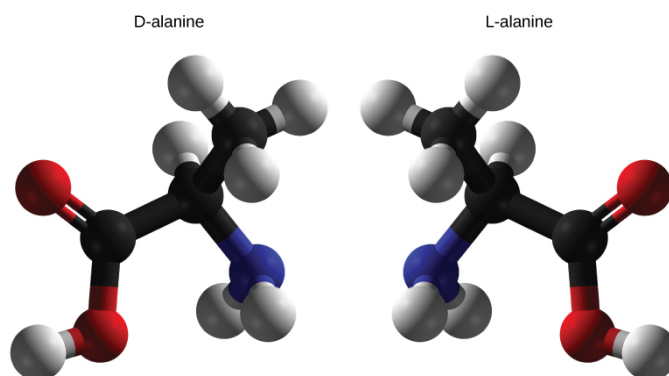
D-alanine   L-alanine

Figure 2.26 D-alanine and L-alanine are examples of enantiomers or mirror images. Only the L-forms of amino acids are used to make proteins.

Functional Groups

Functional groups are groups of atoms that occur within molecules and confer specific chemical properties to those molecules. We find them along the "carbon backbone" of macromolecules. Chains and/or rings of carbon atoms with the occasional substitution of an element such as nitrogen or oxygen form this carbon backbone. Molecules with other elements in their carbon backbone are **substituted hydrocarbons**.

The functional groups in a macromolecule are usually attached to the carbon backbone at one or several different places along its chain and/or ring structure. Each of the four types of macromolecules—proteins, lipids, carbohydrates, and nucleic acids—has its own characteristic set of functional groups that contributes greatly to

its differing chemical properties and its function in living organisms.

A functional group can participate in specific chemical reactions. **Figure 2.27** shows some of the important functional groups in biological molecules. They include: hydroxyl, methyl, carbonyl, carboxyl, amino, phosphate, and sulfhydryl. These groups play an important role in forming molecules like DNA, proteins, carbohydrates, and lipids. We usually classify functional groups as hydrophobic or hydrophilic depending on their charge or polarity characteristics. An example of a hydrophobic group is the nonpolar methyl molecule. Among the hydrophilic functional groups is the carboxyl group in amino acids, some amino acid side chains, and the fatty acids that form triglycerides and phospholipids. This carboxyl group ionizes to release hydrogen ions (H^+) from the COOH group resulting in the negatively charged COO^- group. This contributes to the hydrophilic nature of whatever molecule on which it is found. Other functional groups, such as the carbonyl group, have a partially negatively charged oxygen atom that may form hydrogen bonds with water molecules, again making the molecule more hydrophilic.
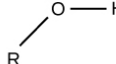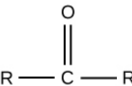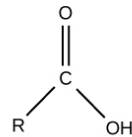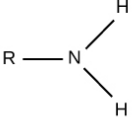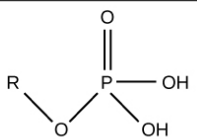
Functional Group	Structure	Properties
Hydroxyl	O — H / R	Polar
Methyl	R — CH_3	Nonpolar
Carbonyl	O ‖ R — C — R′	Polar
Carboxyl	O ‖ C / R \ OH	Charged, ionizes to release H^+. Since carboxyl groups can release H^+ ions into solution, they are considered acidic.
Amino	H / R — N \ H	Charged, accepts H^+ to form NH_3^+. Since amino groups can remove H^+ from solution, they are considered basic.
Phosphate	O ‖ R \ P — OH / O \ OH	Charged, ionizes to release H^+. Since phosphate groups can release H^+ ions into solution, they are considered acidic.
Sulfhydryl	R — S \ H	Polar

Figure 2.27 These functional groups are in many different biological molecules. R, also known as R-group, is an abbreviation for any group in which a carbon or hydrogen atom is attached to the rest of the molecule.

Hydrogen bonds between functional groups (within the same molecule or between different molecules) are important to the function of many macromolecules and help them to fold properly into and maintain the appropriate shape for functioning. Hydrogen bonds are also involved in various recognition processes, such as DNA complementary base pairing and the binding of an enzyme to its substrate, as **Figure 2.28** illustrates.
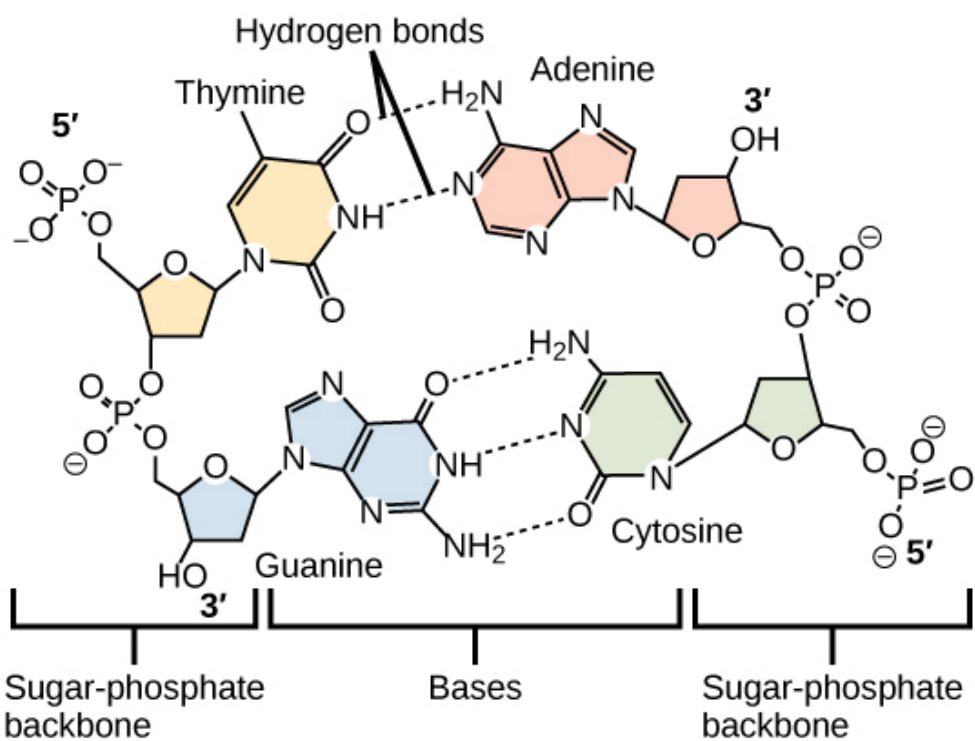
Figure 2.28 Hydrogen bonds connect two strands of DNA together to create the double-helix structure.